



Prescription Drug Abuse

IDAHO OFFICE OF DRUG POLICY
PRESCRIPTION DRUG ABUSE WORKGROUP



IDAHO PARTNERS

- Board of Pharmacy
- Board of Medicine
- Board of Nursing
- Board of Dentistry
- ID Medical Assoc.
- Idaho State Police
- House of Represent.
- Senate
- Idaho State Univ.
- Ada Co. Prosecutors
- DEA

Mission: To coordinate the implementation of a prevention plan to reduce prescription drug misuse and abuse for the purpose of improving Idaho's public health and safety

The Problem:



‡ **ONE in FIVE** Idaho students report taking a prescription drug without a physicians prescription at least once during their lifetime (Idaho Youth Risk Behavior Survey, 2011)

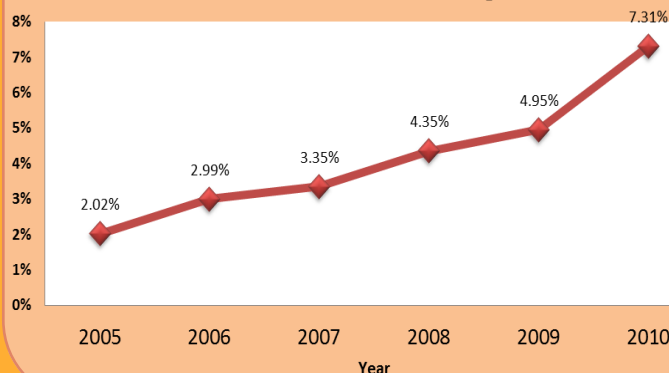
‡ In 2010, an Idaho citizen died every **45 HOURS** because of a drug induced death caused by illicit, prescription, or over the counter drug-use. A number which has increased 250% since 2000. (Idaho Vital Statistics, 2010) This rise is greatly attributed to the increase in prescription drug abuse.



‡ From 2005 to 2010, Idaho addiction treatment facilities experienced a **SEVEN FOLD** increase in percent of opioid admissions as the primary substance of abuse. (SAMHSA, Idaho Treatment Episode Data Set)

‡ In 2011, more Americans (**6.1 MILLION**) reported the nonmedical use of prescription drugs within the preceding month than had used cocaine, heroin, hallucinogens, and inhalants combined. (SAMHSA NSDUH 2011)

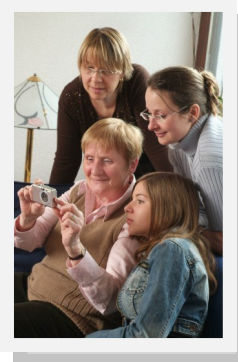
Percent of Idaho Primary Substance of Abuse Admissions for "Other Opiates"



‡ **54%** of prescription opioids being used for nonmedical purposes are obtained from a friend or relative for free, with these friends or relatives most often obtaining them from 1 physician (82%) (SAMHSA NSDUH 2011)



‡ **EVERY HOUR**, one baby in the US is born suffering from opiate withdrawal. (National Institute of Drug Abuse, 2012)



- SHIP
- ID Pharmacy Assoc.
- Retail Pharmacy Council
- ID Hospital Assoc.
- Ada County Coroner

Prescription Drug Abuse

Rx FACTS:

OPIOIDS:

Vicodin
OxyContin
Codeine
Fentanyl ...

Diminish perception of pain
Addiction
Euphoria
Dependence
Drowsiness
Constipation
Slow respiration
Death

DEPRESSANTS:

Valium
Xanax
Ambien...

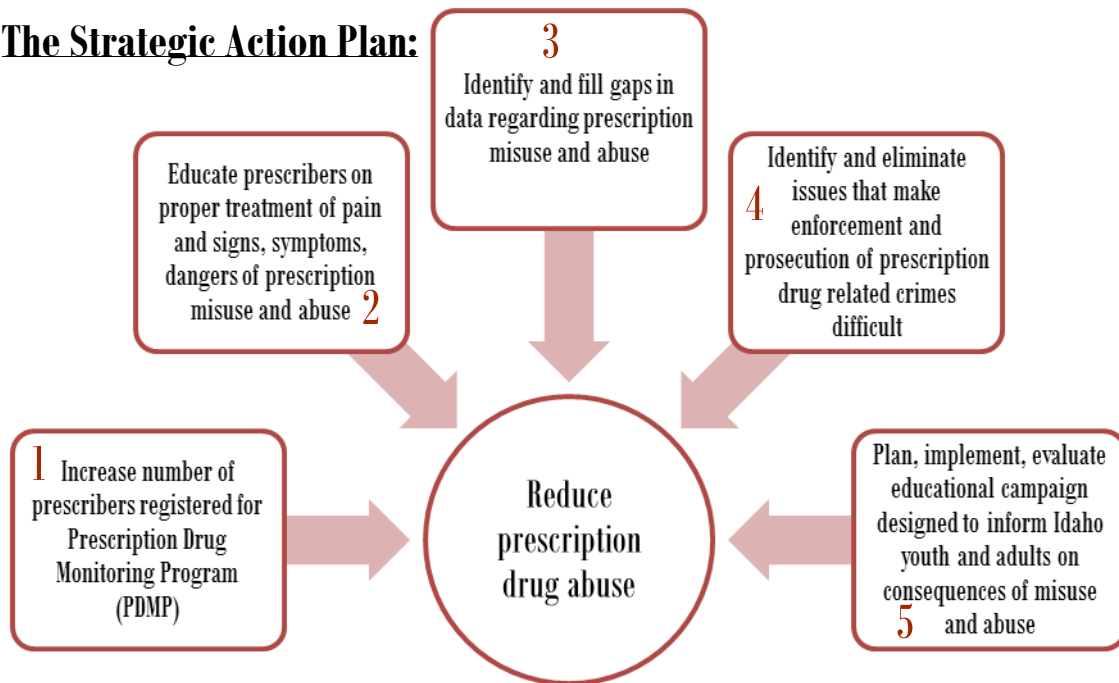
Calming
Drowsiness
Addiction
Dependence
Uncoordinated
Slow respiration
Decrease heart rate
Death

STIMULANTS:

Adderall
Ritalin...

Alertness
Addiction
Dependence
Irregular heartbeat
High body temp.
High blood pressure
Heart failure
Seizures
Paranoia
Death

The Strategic Action Plan:



The Goals:

*Reduce the number of prescription drug related deaths in Idaho by 10% by 2014
Target: 2012-2014 : 34 lives saved*

*Decrease Idaho students reporting prescription drug misuse by 3% by 2014 as measured by YRBS
Target: 17%*

What can you do?:

1. Learn how to **properly dispose** of your unused and expired medications
 - ⇒ Find a local Take-back: Visit www.odp.idaho.gov/prevention/prescription.html for law enforcement locations that accept unused or expired medications, Idaho has 40 throughout the state.
 - ⇒ If you don't have a take-back location near you, take them out of their original containers, place in sealable bag mixed with an undesirable substance such as coffee grounds or kitty litter, and throw away in trash.
2. **Lock up and inventory** your medications
3. **DO NOT** share prescription medications